bcdiabetes.ca
Patient Care + Research + Clinical Trials

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Optimizing Diabetes Care During Ramadan

Study location BCDiabetes: 400 - 210 West Broadway, Vancouver V5Y 3W2
Principal Investigators Dr. Tom Elliott (Vancouver)
Study coordinators and primary contact: Dileas MacGowan dileasm@student.ubc.ca
Summary: This study aims to understand how people with diabetes manage their condition while fasting during Ramadan. It will explore common challenges, medication adjustments, and awareness of diabetes management guidelines to improve support for fasting individuals.

Who Can Participate?

- Muslim individuals with Type 1 or Type 2 Diabetes, whether they fast or not.

What Will the Study Involve?

- Patient Survey: Share your experiences with diabetes management during Ramadan.
- CGM Data Review: If you use a Continuous Glucose Monitor (CGM), we may analyze your blood sugar trends before, during, and after Ramadan.

Why Participate?

- Help improve diabetes care for people who fast during Ramadan.
- Contribute to better resources and support for managing diabetes safely.

How to Join?

- We will send a link to the survey soon. Stay tuned!

How Will This Help?

- The results will help doctors and healthcare providers better understand and support people with diabetes who fast during Ramadan.
- Findings may lead to improved education, personalized advice, and better resources for safe fasting.

Confidentiality: Your information will remain confidential, and your participation is voluntary. You can withdraw at any time.

Study documents: Conflict of Interest statement
Short URL to this doc: https://bit.ly/3Fyv7jD