



Patient Care + Research + Clinical Trials

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CRA Disability Tax Credit for Diabetes (DTC)

The Canada Revenue Agency (CRA) offers a non-refundable disability tax credit (DTC) of up to \$1289 (in 2021) to all individuals living with Type 1 diabetes (T1D), no questions asked, for years 2021 and onwards. The necessary form, partially filled out for BCDiabetes clients, [is here](#), ready for you to print off. All that is required then is completion of pages 1, 2, 15 and 16 (pages 3-14 are not required). On the bottom of page 15 at the hand-drawn circle enter the date you developed T1D and at the top of page 16 at the hand-drawn circle enter the year you became my patient. Then send it to the clinic via questions@bcdiabetes.ca for my signature.

For the new found ease of applying for the DTC kudos goes to everybody who has been lobbying the government over the years, in particular the Juvenile Diabetes Research Foundation (JDRF) and Diabetes Canada.

To qualify for the DTC for years prior to 2021 “the old rules”, for both individuals living with Type 1 or Type 2 diabetes (and for those with Type 2 for 2022 and future years), a great deal of work is required. The main obstacle is documentation of the qualifying criteria of 14+ hours per week requirement, spent on these diabetes chores:

- Testing sugar (blood glucose-monitoring & CGM)**
- Calculating insulin doses**
- Administering insulin**
- Logging sugar values & analyzing for trends**
- Reasonable time spent determining dietary intake and/or physical exertion to be considered part of therapy on a daily basis**
- Attending medical appointments to do with medication adjustment**

[Here](#) is an example of a “time-spent” spreadsheet used by BCDiabetes patients who have previously been granted the CRA Disability Tax Credit for diabetes - note this example does not include the last 3 italicized items. **Kindly do not ask me to share this spreadsheet** - instead copy it (in Google Drive select File > Make a copy, or if you use Excel or another spreadsheet select File > Download As > Microsoft Excel, PDF, etc. Note the spreadsheet has two pages; one for insulin pen (or syringe) users and the other for pump users.

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The DTC form for filing for years prior to 2021 is identical to [this form](#) other than page 15. [Here is how page 15](#) should be completed. Dr. Elliott will consider signing this document for his clients who provide a printed or pdf version of their own unique version (not a copy) of the “time-spent” spreadsheet described in the paragraph above if he considers it has been truthfully completed. The charge for reviewing this documentation and signing the form is \$50. In addition to the above the CRA is frequently sending me [this letter](#) asking me for essentially the same information with the addition of the “time-spent” spreadsheet. The fee for completing this form is an additional \$50.

Dr. Elliott is aware of a number of agencies who offer to help with the CRA Disability Tax Credit in exchange for very substantial commissions (20-30% of all proceeds). Dr. Elliott recommends his patients NOT sign with these agencies unless their application for CRA Disability Tax Credit (using the forms above) is denied after following the process outlined above.

All individuals who are eligible for the DTC are also eligible for a [Registered Disability Savings Plan](#) (RDSP). If you have an RDSP, you may also be eligible for grants and bonds to help with your long-term savings.

Short URL = <https://bit.ly/2KWV00d>