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Dear Extended Medical Insurer

Re: Medical necessity: Continuous Glucose Monitors (CGMs)

Place sticky label here

At the time of writing there are three manufacturers of devices in the continuous glucose meter (CGM) class on the Canadian market. They are Dexcom (G6), Abbott (with the Freestyle Libre, soon to be released Libre 2) and Medtronic (with the Medtronic Connect). *Note, the Freestyle Libre is considered by some to be in a separate class, that of "Flash" glucose devices.* All these devices represent a dramatic advancement in diabetes technology - they allow for measurement of interstitial glucose every 1-5 minutes, the values of which are either 1) automatically sent to a smartphone or "pulled" from the device with a receiver. They allow for the setting of high and low alarms - as such they notify the user of potentially dangerous glucose readings.

Since 2018 these devices have been considered a medical necessity for all individuals undergoing intensive insulin therapy (with an insulin pump or with multiple daily injections of insulin ie all individuals with Type 1 diabetes and many individuals with Type 2 diabetes). The patient identified in this letter is one such.

This letter also constitutes a prescription for one of the devices described in the paragraph above.

Please afford my patient expedited service to allow purchasing and maintaining this potentially life-saving device.

Yours sincerely

Tom Elliott