



Patient Care + Research + Clinical Trials

Dr. Tom Elliott MBBS, FRCPC
Medical Director

400 - 210 W Broadway
Vancouver, BC
V5Y 3W2 Canada

phone: 604.683.3734
fax: 604.628.3821
email: moa@bcdiabetes.ca

2019-Jan-17

Investigator-initiated research at BCDiabetes

These studies were developed or are under development in-house at BCDiabetes and are not-for-profit

[myBCD](#) - testing the benefits of a diabetes smartphone app developed in-house at BCDiabetes: partially funded by an arms-length unencumbered grant from Boehringer-Ingelheim

[Mindfulness](#) - testing the benefits of Headspace, a meditation app for smartphones

[Ustekinumab RCT](#) - final protocol under development but already funded to the tune of \$1.8M by the JDRF based on results of our pilot study. This protocol will test the benefits of ustekinumab, a biologic treatment used in psoriatic arthritis, in causing regeneration of insulin-secreting islet cells in individuals with newly diagnosed Type 1 diabetes

[Dexcom G6 observational study in Type 1 diabetes](#) - a real-world study addressing specific benefits in at-need BCDiabetes patients. Dexcom is expected to give in-kind support for the CGMs, but not to support the study otherwise.

[Feast & Famine diet](#) - protocol under development: this study will test the benefits of alternating 5 days of modified fast and 26 days of usual diet over the course of 3 months.

[Love and Support](#) - testing the benefits of group therapy (without diabetes-specific education) for individuals with high levels of diabetes distress & social isolation. Group therapy will promote vulnerable communication skills

See this short URL for the same document: <https://goo.gl/12HTYJ>