



Dr. Tom Elliott MBBS, FRCPC
Medical Director

400 - 210 W Broadway phone: 604.683.3734
Vancouver, BC fax: 604.628.3821
V5Y 3W2 Canada email: moa@bcdiabetes.ca

xDrip & Spike - best apps for CGM

BCDiabetes has just learned that use of [xDrip](#) (for Android) & [Spike](#) (for iOS) users more than double the life of a Dexcom transmitter from 3 months (actually 112 days with a warning at 105 days) to 200+ days. To take advantage of this cost savings rather than using the native Dexcom app, use either [xDrip](#) (for Android) & [Spike](#) (for iOS).

iOS users may encounter significant challenges when installing Spike. BCDiabetes staff will be happy to help set up installations for its clients that last 12 months rather than the default 7 days. To support this labour intensive program donations to the BCDiabetes Fund-a-Need program will be gratefully accepted. Online donations can be made [here](#) specifying "BCDiabetes research". You will be sent a tax receipt.

[xDrip](#) (for Android) & [Spike](#) (for iOS) also work beautifully with the third-party Freestyle Libre hardware add-ons [MiaoMiao](#) and [Blucon Nightrider](#) providing superior bluetooth connectivity, the ability to calibrate and better reporting.